

Living in the Wider world (PSHE Association)

What jobs do people do?

- how jobs help people earn money to pay for things they need and want
- about a range of different jobs, including those done by people they know or people who work in their community
- how people have different strengths and interests that enable them to do different jobs
- how people use the internet and digital devices in their jobs and everyday life

Relationships education taught through Journey in Love.

What are the joys of a diverse community?

- What communities do we belong to?
- How do people enrich their community?
- Understand the vocabulary related to diversity - respect, community, diverse and friendship.
- How do we include everyone in our:
 - Home
 - School
 - Parish
 - Club
- How can you be a positive impact on a community you belong to?

How does our community help us?

- ways friends make us feel safe
- what would you do if you were worried about a friend?
- How to ask for help and who to talk to in the community
- Uncomfortable contact and secrets
- What is harming our world and how we can stop them

Created for The Trinity Catholic Primary

Year 2 RSHE

How do we recognise our feelings?

- How to recognise, name and describe a range of feelings
- What helps them to feel good, or better if not feeling good
- How different things/ times/ experiences can bring about different feelings for different people (including loss, change and bereavement or moving on to a new class/ year group)
- How feelings can affect people in their bodies and their behaviour
- Ways to manage big feelings and the importance of sharing their feelings with someone they trust
- How to recognise when they might need help with feelings and how to ask for help when they need it.

Health Education (PSHE Association)

What helps us stay safe?

- how rules and restrictions help them to keep safe (e.g. basic road, fire, cycle, water safety; in relation to medicines/ household products and online)
- how to identify risky and potentially unsafe situations (in familiar and unfamiliar environments, including online) and take steps to avoid or remove themselves from them
- how to resist pressure to do something that makes them feel unsafe or uncomfortable, including keeping secrets
- how not everything they see online is true or trustworthy, and that people can pretend to be someone they are not
- how to tell a trusted adult if they are worried for themselves or others, worried that something is unsafe or if they come across something that scares or concerns them

What helps us grow and stay healthy?

- that different things help their bodies to be healthy, including food and drink, physical activity, sleep and rest
- that eating and drinking too much sugar can affect their health, including dental health
- how to be physically active and how much rest and sleep they should have everyday
- that there are different ways to learn and play; how to know when to take a break from screen-time
- how sunshine helps bodies to grow and how to keep safe and well in the sun