

Living in the Wider world (PSHE Association)

What can we do with money?

- what money is - that money comes in different forms
- how money is obtained (e.g. earned, won, borrowed, presents)
- how people make choices about what to do with money, including spending and saving
- the difference between needs and wants - that people may not always be able to have the things they want
- how to keep money safe and the different ways of doing this

How can we look after each other and the world?

- about preparing to move to a new class/year group
- about what is kind and unkind behaviour, and how this can affect others
- about how to treat themselves and others with respect; how to be polite and courteous
- how to listen to other people and play and work cooperatively
- how to talk about and share their opinions on things that matter to them
- how people and other living things have different needs; about the responsibilities of caring for them
- about things they can do to help look after their environment.

Created for The Trinity Catholic Primary

Year 1 RSHE

Relationships education taught through Journey in Love.

How do my family love me?

- ways families show love and kindness to you
- how your family keeps you safe and protected
- how families spend time together
- how your family cheers you up
- how do friends show each other love and kindness
- thanking God for your family & friends

Who is in my family?

- Who is in my family?
- how families are all different but share common features - what is the same and different about them
- Ways we have changed since birth
- Parts of the body including genitalia
- Privacy
- Why do families have rules?

Health Education (PSHE Association)

What helps us stay healthy?

- what being healthy means and who helps help them to stay healthy (e.g. parent, dentist, doctor)
- that things people put into or onto their bodies can affect how they feel
- how medicines (including vaccinations and immunisations) can help people stay healthy, and that some people need to take medicines every day to stay healthy
- why hygiene is important and how simple hygiene routines can stop germs from being passed on
- what they can do to take care of themselves on a daily basis, e.g. brushing teeth and hair, hand washing

What helps us to keep safe?

- about the people whose job it is to help keep us safe.
- about what to do if there is an accident and someone is hurt
- how to get help in an emergency (how to dial 999 and what to say)
- how to respond safely to adults they don't know
- what to do if they feel unsafe or worried for themselves or others; who to ask for help and vocabulary to use when asking for help; importance of keeping trying until they are heard
- about the different roles and responsibilities people have in their community.